

## An Important Message From Poringland Parish Council



*Dear Parishioner,*

The Parish Council is reaching out to you in these unprecedented times during the Coronavirus pandemic, to ensure that you are safe and well and getting all the help that you need. For all of us, these are very strange and unsettling times, but for some this situation creates added problems such as loneliness, inability to access food or medical supplies, or financial difficulties. Others may be struggling with home schooling or keeping young children occupied, whilst also trying to juggle working from home.

The Parish Council is working with our partners at South Norfolk Council, where there is a Community Hub set up to help the people of Poringland who require support to get through this difficult period. There is a list of services overleaf that they can help with and I urge you to contact them if you need assistance with any of these services. These services are there to help you all, and you will not be placing a burden upon these services. The Community Hub is in place for you, because we care about every resident.

We have also updated our website with a host of useful resources, ranging from ideas to help keep young children occupied, to contact numbers for agencies that can help with specific problems such as domestic abuse. Please take a look, or contact us if you cannot access the internet and would like some assistance.

*Tim Boucher, Chairman of Poringland Parish Council*

### Examples of Help with Isolation & Loneliness

- \*Collecting Prescriptions, Groceries & Shopping (working with the Good Neighbours Scheme).
- \*Arranging Someone to Call for a Friendly Chat and to Check You are Safe and Well.
- \*Helping You Stay in Touch with Friends & Family.
- \*Tips on Keeping Yourself and Children Occupied.

### Examples of Help with Finances

- \*Emergency Income to Purchase Essentials.
- \*Discretionary Council Tax Assistance.
- \*Discretionary Housing Payment.
- \*Payment whilst waiting for SSP or Universal Credit to Commence.
- \* Debt Advice and Support

### ACCESSING SUPPORT

To access this local Community Hub support and more, please call **01508 533933** or visit **[www.south-norfolk.gov.uk/coronavirus-information](http://www.south-norfolk.gov.uk/coronavirus-information)**

If you would prefer to speak with Poringland Parish Council, please call **01508 492182** or email **[clerk@poringland-pc.gov.uk](mailto:clerk@poringland-pc.gov.uk)**

### ADDITIONAL INFORMATION

The Parish Council has updated its website to include resources that can help parishioners get through this difficult period. This includes links to contacts to help with mental health, domestic abuse, adult wellbeing, and helping to keep young children occupied. Please visit **[www.poringlandparishcouncil.gov.uk/covid19](http://www.poringlandparishcouncil.gov.uk/covid19)** for more information.